



2018 ANNUAL REPORT

Changing How Military Families Heal



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ROBERT STEINHOFF
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Shreck, LLP

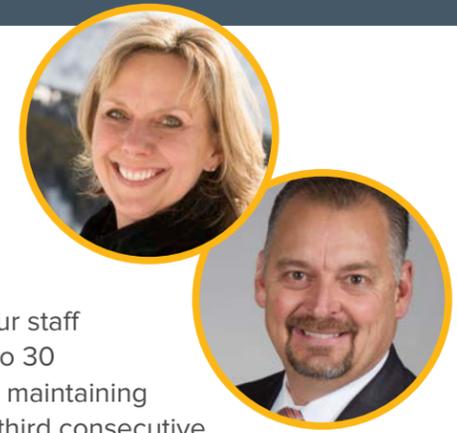
MISSION

Believing that when one person serves the whole family serves, Project Sanctuary takes a human-centered, solution-based approach to helping military families heal and move forward in life. Through innovative long-term programming focused on connectedness, we restore hope and empower families to recover and thrive.

Changing How Military Families Heal



OUR IMPACT CONTINUES TO GROW



2018 was another year of growth. We added capacity and expertise to our staff and board, expanded our long-term Family Support program, and grew to 30 therapeutic retreats in seven states across the country. We did this while maintaining a laser focus on efficient use of funds, and were honored to receive our third consecutive four-star rating from Charity Navigator; another Platinum Seal of Transparency from Guidestar; and charity accreditation by the Better Business Bureau.

Our support services and six-day therapeutic retreats help families reconnect, move forward, and thrive as self-sufficient, high-functioning family units by providing support across the four dimensions of wellness identified by the Center for a New American Security's Veterans Wellness Model: Purpose; Basic Needs; Mental and Physical Health; and Social and Personal Relationships.

Your commitment to military families expanded our Family Support program, previously limited to families who completed a retreat. We are now able to serve the 2,400 total families who have asked us for help and are patiently waiting for their retreat. This expansion is an exciting step forward in increasing our impact, and one in which we will continue to invest in the coming year.

Thanks to your partnership, we will host our first three-day Family Resource Weekend in 2019. This program is the first of its kind, and as always, it is the result of listening to families tell us what they need. The program will give military families a personal connection to some of the organizations offering resources and services, empowering families to take control of their future and influence how these organizations, including Project Sanctuary, can best serve military families across the country.

Military families face a number of obstacles, from financial instability to mental health challenges and other complications that come with frequent relocation and separation. The latest data shows that suicide rates for active duty service members have increased. But because you believe in Project Sanctuary, we are saving lives and families.

We survey every family before and after they attend a retreat to measure mental, financial, and relationship health as well as whether participants feel they have purpose. We're pleased to share with you our latest data that shows significant improvement in all categories. Investing in our Family Support program will ensure this progress is lasting and sustainable.

We're proud of the work you have made possible, and are honored to partner with you. Without your vision, confidence, and support, we would not be able to make these important strides.

You are changing the way military families heal.

With gratitude,

Heather Ehle, R.N.
Founder & CEO

Joseph R. Morrin
Project Sanctuary Board President



WHAT DRIVES US



Project Sanctuary aims to help every military family become self-sufficient, high-functioning members of society by providing support across the four dimensions of wellness as identified by the Center for a New American Security's Veteran Wellness Model: Purpose; Basic Needs; Mental and Physical Health; and Social and Personal Relationships.

Believing everyone has the right to heal, Project Sanctuary's holistic approach heals the effects of war, treats families at their level of need, and enables service members to reintegrate into their families and communities in a healthy and sustainable manner, resulting in preservation of the family unit and strengthening of the community, the military, and the country.

SERVING OUR FAMILIES

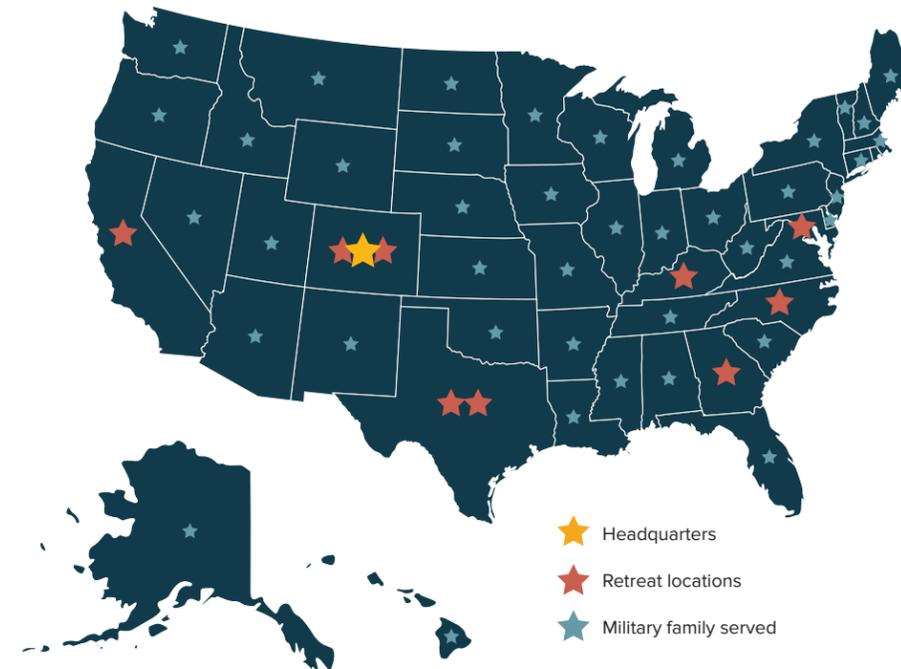
In 2018, Project Sanctuary served nearly 1,000 participants from 248 families at 30 retreats.

Our Family Support program expanded to the 2,400+ families who have asked for help before attending a retreat.

Volunteers contributed 10,581 hours of service, the equivalent of five full-time employees.

Supporting families in need

2018 IMPACT



17% INCREASE
IN FEELING OF PURPOSE

11% INCREASE
IN CONFIDENCE OF FINANCIAL FUTURE

19% INCREASE
IN FEELING THERE ARE PEOPLE A PARTICIPANT CAN TRUST

7.5% INCREASE
IN FEELINGS OF CLOSENESS WITH CHILDREN

2 FALLEN WARRIORS, DEFYING NATIONAL SUICIDE RATES FOR ACTIVE DUTY SERVICE MEMBERS AND VETERANS



In 2018, Project Sanctuary transitioned retreats out of Utah and New York to better serve the military population. In 2019, retreats will be offered in the states reflected in the above map. Project Sanctuary has served families in 49 states.

FAMILY SUPPORT PROGRAM

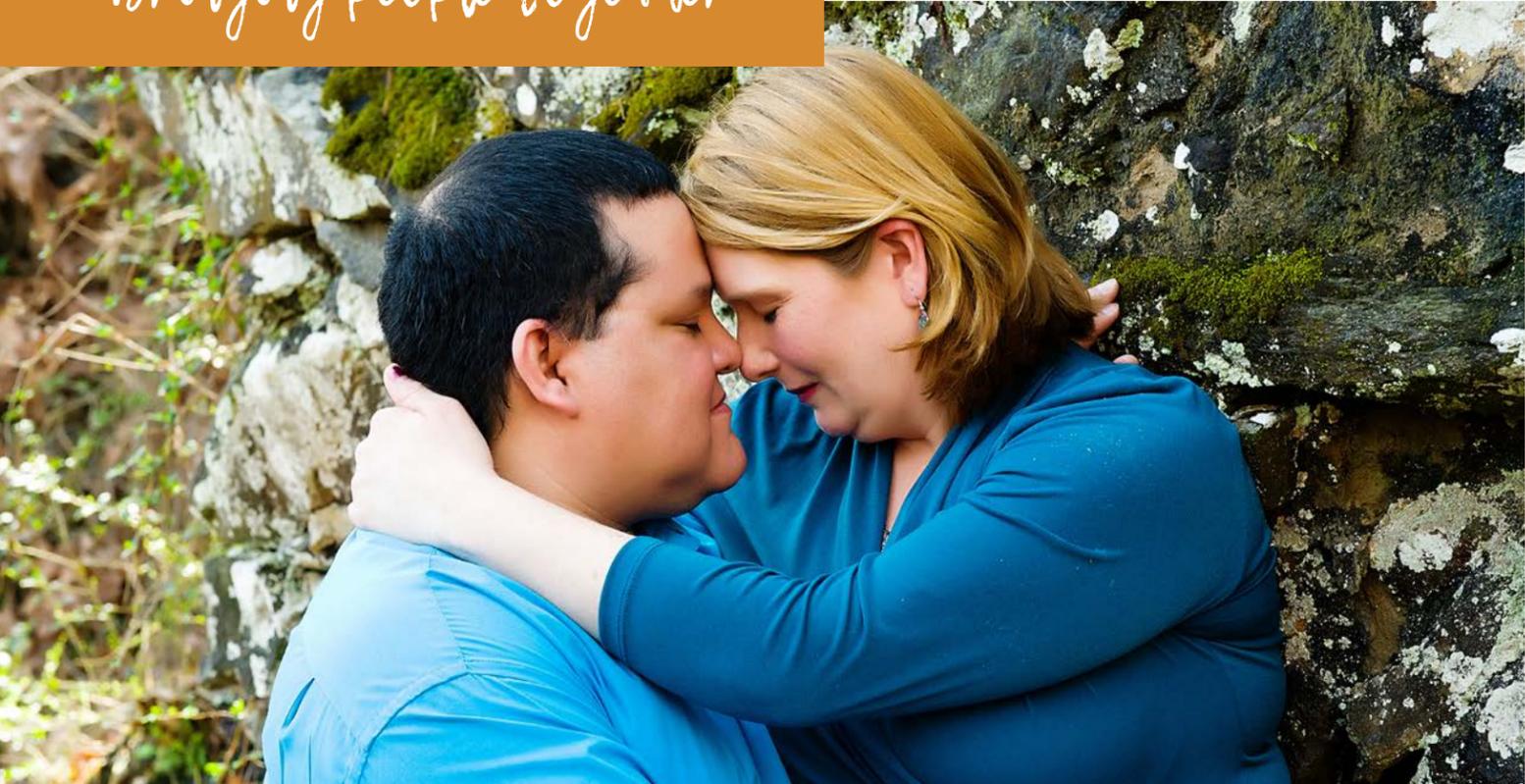


Family Support offers wraparound services led by our licensed clinical staff, including emergency financial support, help navigating services, and referral to local services like free mental healthcare.

Our focus on long-term, sustainable support services will help families arrive at a retreat prepared for the work they will do to reconnect and thrive long after they return home.

In 2019, we'll pilot a three-day Family Resource Weekend, bringing together as many as 70 service members, veterans, and spouses with a number of nonprofit organizations and service providers. The first-ever event of its kind, this weekend will give families a personal connection to these organizations and empower them to take control of their future.

Bringing people together



IN 2018, WE EXPANDED OUR FAMILY SUPPORT PROGRAM TO SERVE ALL 2,400 FAMILIES WHO HAVE ASKED US FOR HELP.

Empowered to take control of the future

SCHOOK FAMILY



“Project Sanctuary was able to provide us an emergency gas card to offset the cost of a hefty car repair bill and helped us again during the government shutdown with resources for food. A gas card may seem small, but it helped me get a job, get to VA appointments, and finally get our youngest into daycare. Most importantly, I felt like a human. I didn’t feel like I had to beg for help.”

THERAPEUTIC RETREAT PROGRAM



We served nearly 1,000 participants from 248 families at our therapeutic retreats in 2018. These six-day experiences, hosted in seven states across the country, are designed by the Certified Therapeutic Recreation Specialists (CTRS) and the licensed counselors and social workers on Project Sanctuary's staff.

Recreation therapy harnesses the healing power and laid-back atmosphere of outdoor recreation to help families break down walls and learn skills like conflict resolution and communication. Our retreats also include financial planning classes, a guide to living with Post Traumatic Stress (PTS), and a complementary Teen and Youth Program to ensure the entire family heals as a unit.

Our expertise is second-to-none, as is the scale at which we offer retreats and services. With 30 retreats slated for 2019, we'll serve at least 300 families through retreats and many more through family support.

ADAIR FAMILY



“Being a blended family is already tough but when you add military life and PTSD on top of that, it can be extremely difficult. We were looking for somewhere to heal, learn, and possibly meet some others that understood our circumstances.

The retreat helped us become more in tune with each other. We have more open conversations with our kids, and they have better insight into my husband's PTSD. We have a support system of friends we can text to celebrate small success and also to ask for help or be a listening ear when days are tough. We don't feel alone anymore.”

Families experience healing

WHAT YOUR SUPPORT ACHIEVES

- \$50** Support a family in crisis with a gas card
- \$100** Provide grocery funds for a family in crisis
- \$150** Feed all the families attending a retreat
- \$250** Help one family travel to a retreat
- \$500** Provide 10 families with the opportunity to reconnect with outdoor recreation
- \$1,000** Provide Heroes Night Out dinner for ten families at a retreat
- \$3,000** Support one family for two years of support services and one six-day therapeutic retreat

JOIN THE MISSION



EASY WAYS TO GIVE

MONETARY GIFTS Make a secure online donation at ProjectSanctuary.us/donate, or mail your gift to P.O. Box 1563, Granby, CO 80446

GIFTS OF TIME Project Sanctuary is in need of volunteers for many different initiatives, from assisting at retreats to helping with special events. Visit our website to complete an online volunteer application.

WORKPLACE GIVING Designate Project Sanctuary as part of your company's giving campaign, or simply ask your employer if they'll match your monetary gift.

STRIKE FORCE Become a member of the Project Sanctuary Strike Force with a recurring monthly donation at bit.ly/strikeforcePS

LEGACY GIFTS Designate Project Sanctuary as a beneficiary in your will, insurance policy, or retirement account.



2018 SUPPORTERS

STRATEGIC LEVEL \$10,000-\$34,999

Andre and Raelene Wilkie
Center for Courageous Kids
Charlie Monfort
Corwin Toyota
Davey Coach Sales, Inc.
Disabled American Veterans
Charitable Service Trust
Disabled Veterans National
Foundation
First Command Financial
Services

Golden Rule Family
Foundation
The Lichtenberger
Foundation
Kirsten Cashion
Steven Willis Photography
Operation Hat Trick
PDC Energy
Prevent and Prevail
Rock Harbor Foundation
Rolling Hills Country Club
Foundation
Scott and Nancy Spiker
Tee It Up For The Troops
The Boeing Company
Westmeath Foundation
ZECO Equipment Co. LLC

EXPEDITIONARY LEVEL \$5,000 - \$9,999

Alan and Michele Orr
Altitude Energy Partners
American Truck Business
Services, LLC
Andeavor Foundation, Inc.
Ashlee Ann Photography
Bradford Renaissance Portraits
Dennis R. Turner
Dynamic Mortgage Concepts,
Inc.
Evergreen Rotary Club
Foundation
Gary Cox
Grand Adventures
Grand Foundation
Gulf Offshore Logistics
iHeartMedia
Jess and Brandy Peonio

Jim and Laurie Wolf
Keith and Laura Galloway
Kevin and Molly Hausmann
Mad Adventures (Winter Park
Office)
Mike and Gretchen Zimmer
Mr. and Mrs. Adam Sayers
Ms. Annichen Kassel
Ronald and Linda Testa
Sarah Candelaria
Silicon Valley Bank Foundation
Timothy and Patricia Thoele
Todd and Kelly Amen
Tom and Jackie Davey
Toyota Dealer Match Program
Ulterra Drilling Technologies LP
Veterans Passport to Hope
Winding River Resort
YMCA Blue Ridge Assembly

COMMAND LEVEL \$35,000+



Mary and Stanley Smith Charitable Trust

AIMCO Properties, LP
Naval Postgraduate School
Foundation
The Anschutz Foundation
YMCA of the Rockies - Snow
Mountain Ranch
Mr. and Mrs. Graham B. Williams



**THANK YOU TO ALL
OUR SUPPORTERS!**

Mount Hermon, where Project Sanctuary's California retreats are held.
PHOTO COURTESY OF MOUNT HERMON.



FINANCES

REVENUE

2016

\$1.3 MILLION

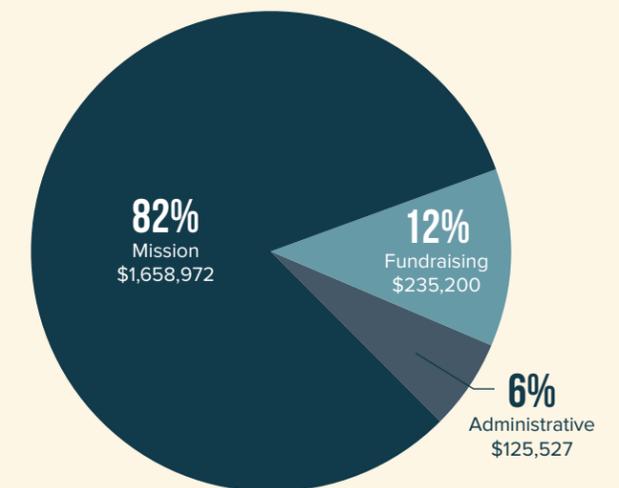
2017

\$1.7 MILLION

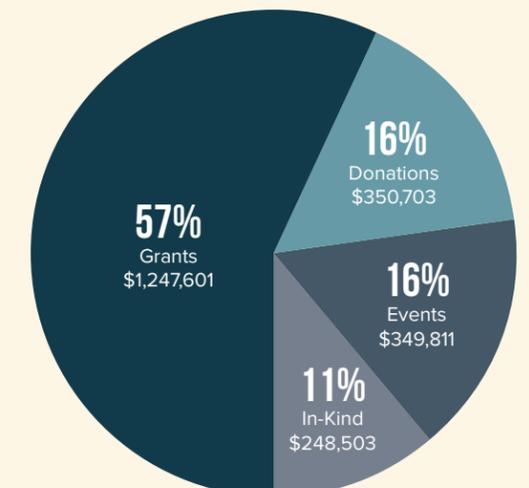
2018

\$2.3 MILLION

2018 EXPENSES



2018 REVENUE



EXECUTIVE TEAM

HEATHER EHLE, R.N.
Founder and CEO

JOHN STILWELL
Chief Financial and Operating
Officer

AMY MCDERMOTT
Chief Development Officer

MISSY HYATT, CTRS
Chief Programs Officer

THOMAS COSTELLO, LCSW
Chief of Family Support



**A SANCTUARY FOR MILITARY FAMILIES
DBA PROJECT SANCTUARY**

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Federal Tax ID #26-1410596



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