



Healing MILITARY FAMILIES

ANNUAL REPORT 2023



LETTER FROM HEATHER & RON

Project Sanctuary celebrated our sixteenth birthday in 2023. So much has happened over the past 16 years, with more than 8,764 military families investing in their healing journey through the support of the Project Sanctuary team. Our many Licensed Counselors, Certified Therapeutic Recreational Specialists, Retreat Managers, along with our team of Relationship Reset facilitators, military veterans themselves, could not do what we do without our amazing volunteers, who give so much support the military families we serve.

Project Sanctuary met increasing financial challenges by achieving two major milestones this past year:

OPERATING RESERVE FUND: Another milestone was reached as Project Sanctuary met the challenge presented by The Kendeda Fund to create our first ever Operating Reserve Fund. This was an amazing opportunity for Project Sanctuary to help solidify the foundation of our financial strength and enabled us to put aside three months of operating expense should we experience any unforeseen financial obstacles.

RETREAT CENTER ACQUISITION: The year ended securing a retreat center in Pagosa Springs, Colorado which will end up being the new home base for Project Sanctuary Therapeutic Retreats and provide a home for military families for years to come. Two amazing donors led the way to making this dream a reality for our organization and our Board of Directors stepped up to close the gap to finalize the purchase of this retreat center in November 2023. We are one of few retreat centers dedicated to support military families across the country. More to come in 2024 and beyond.

In Service,

Heather E. Ray

Heather Ehle Ray
Founder & CEO

Ronald P. Testa

Ron Testa
Chairman of the Board

Brand Update

Throughout 2023, the Project Sanctuary Board and Staff went through the process of a Brand Audit receiving feedback from key audiences including donors and participants. Slight changes were made to our mission, vision and tagline that you will see moving forward.

“HAVING AN INCREDIBLE ANCHOR LIKE THE RETREAT EXPERIENCE IS EXTREMELY HELPFUL WHEN YOU FACE OBSTACLES. OBSTACLES AND BARRIERS ARE INEVITABLE, BUT THE KEY TO SUCCESS IS KNOWING HOW TO OVERCOME THEM. EVEN THOUGH IT HAS BEEN A WHILE SINCE OUR LAST RETREAT AND WE HAVE EXPERIENCED BOTH SIGNIFICANT PROGRESS AND SETBACKS, THE MEMORIES AND EXPERIENCES THAT PROJECT SANCTUARY HAS GIVEN US KEEP US MOTIVATED AND MOVING FORWARD.”

-Gonzales Family, 6 months post retreat

MISSION

Project Sanctuary is a leading provider of therapeutic retreats and ongoing support for military families by reconnecting and empowering the entire family towards healing.

VISION

Project Sanctuary believes that when one person serves the entire family serves and envisions a world where military families find healing, strength, and a lifeline to a more hopeful future together.

VALUES

HONOR, INTEGRITY, EXCELLENCE,
INCLUSIVE, HOPE

TAG LINE

Healing Military Families





USING *Evidence-Based* PRACTICES, LED BY CERTIFIED AND LICENSED STAFF

Recreational therapy, also known as therapeutic recreation, is a systematic process that utilizes recreation and other activity-based interventions to address the assessed needs of individuals with illnesses and/or disabling conditions, as a means to psychological and physical health, recovery and well-being.

Project Sanctuary Certified Therapeutic Recreational Specialists (CTRS) plan each retreat for military families with intentional recreation



designed to compliment workshops and teach skills to help families navigate challenges around mental health, communication, and building stronger relationships all while gaining tools to take home to make recreation a part of their daily lives and continued healing.

The CTRS team also leads the youth program and partners with Licensed Counselors to lead the teen program during retreat. At the end of the retreat, youth and teens are asked a series of questions to understand their experience with the program. Following is what we heard from our youth and teens in 2023.

“AS A SINGLE MOTHER, STRUGGLING TO RAISE A PRETEEN DAUGHTER, THE RETREAT WAS NOT ONLY BENEFICIAL BUT A LIFELINE THAT TRULY HELPED ME AND MY DAUGHTER RESET AND RECONNECT. WE ARE TRULY THANKFUL FOR PROJECT SANCTUARY.”

-Burton Household, 6 months post retreat



Youth Survey

(COMPLETED BY YOUTH
8 – 12 YEARS OF AGE)

1. Do you feel that “playing” with your family this week has made it easier to be open and talk to them?

- 80% Yes
- 12% Little bit, kind of
- 5% No
- 3% Sometimes

During which activities

- 31% Family game night
- 27% Goose Chase
- 23% 16 squares
- 19% Family Time

2. What topic during Youth Program did you like the best?

- 1. Post Traumatic Growth
- 2. Communication
- 3. Emotion, self-awareness
- 4. All

3. What is something you were good at this week?

- 1. Communicate, listen, share with family & friends
- 2. Making friends
- 3. Outdoor activities
- 4. Crafts

4. What is the best way for you to let others know how you are feeling?

- 1. Communicate with them about emotions, when calm
- 2. Body language



Teen Survey

(COMPLETED BY TEENS AGE 13 – 18)

1. Did you feel your communication as a family improved this week?

- 62% Yes
- 23% No
- 15% Little bit, kind of

2. What activities did you feel brought your family closer together?

- 1. Game Night
- 2. 16 Squares
- 3. Goose Chase
- 4. Rafting

3. Do you feel like you understand your service member better, after spending the retreat with them?

- 53% Yes
- 32% No
- 9% I don't know
- 6% Little bit, kind of

4. What is one thing you liked about the teen program?

- 1. Making new friends
- 2. Time with just teens
- 3. Relating to each other
- 4. Games
- 5. Money Class
- 6. Staff / people



FAMILY SUPPORT

Led by a licensed Social Worker, Family Support provides personalized case management to all military connected families including veterans, active-duty, guard/reserve, spouse and caregivers in addition to pre- and post-retreat support.

399 Personalized
FAMILY CASES OPENED IN 2023

FAMILIES ARE INVITED TO DISCUSS:

- Crisis Support
- Support Systems
- Resource Navigation
- Short & Long Term Family Goals
- Referrals to Local / National Providers

TOP REFERRALS INCLUDE:

- Marriage & Individual Counseling
- Financial Resources
- Mental Health
- VA Benefits

FINANCIAL ASSISTANCE PROVIDED TO FAMILIES IN NEED:

Travel Assistance: \$5360
Resources paid to families: \$4541

(Support includes, but is not limited to utilities, rent assistance, medical needs, etc.)

“It has been one year since our family participated in our Project Sanctuary retreat. The skills we learned during our retreat have made our family stronger and much more resilient to the challenges we face. While my husband still faces his PTS, as a family, we have all learned to recognize some of the triggers, and early signs of an episode and have had much success in de-escalating and being supportive. We have learned to be completely open and honest in our communication and are a much stronger family as a result. PS showed us that we are not alone and that there are many families with similar stories and challenges. Knowing that we are not facing the battle alone and we are supported is huge!”

—Bingham Family, 12 months post retreat

Impact

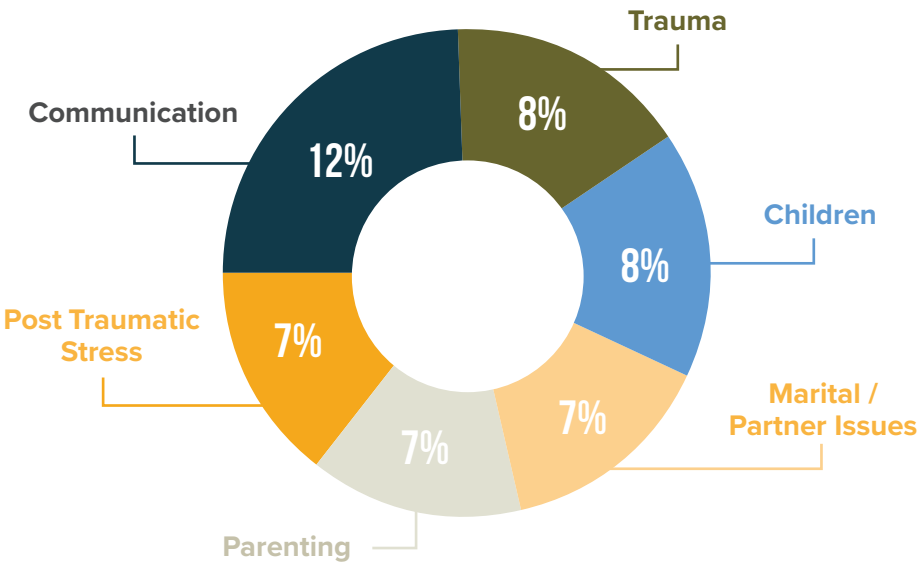
Of the servicemen and women Project Sanctuary served over the past year, 86% self-reported a service-connected injury, 76% self-reported mental health issues, and 67% self-reported physical injuries / limitations. Of the 34 participants who did not self-report a service-connected injury, 24 were still active duty.

Licensed COUNSELORS & SOCIAL WORKERS

Licensed Counselors & Social Workers lead adult and teen workshops focused on mental health and offer one on one sessions to families or individuals throughout the week to discuss personalized topics.

In 2023 Licensed Counselors spent 438.5 hours with families during therapeutic retreats on personalized issues directly impacting their family.

TOP TOPICS DISCUSSED INCLUDE:



From 2021 – 2023 Licensed Counselors spent a total of 1670 hours in family sessions during therapeutic retreats. Year over year, we are seeing this number increase.

“WE WERE ON THE EDGE OF CALLING IT QUITS AND THROUGH ACTIVITIES AND THE COUNSELOR WE WERE ABLE TO OPEN UP, SEE THINGS FROM A DIFFERENT PERSPECTIVE AND LEARN NEW WAYS TO COMMUNICATE AND DEAL WITH CONFLICT.”

—Crump Family, April 2023



2023 NUMBERS

20

RETREATS

206

FAMILIES

690

INDIVIDUALS

ALL TIME NUMBERS

291

RETREATS

2489

FAMILIES

9090

INDIVIDUALS

10.9
Average Number of
families per retreat

36.8
Average Number of
individuals per retreat

2023 RETREAT *Highlights*

1040 FAMILY APPLICATIONS IN 2023

Anxiety, Depression and PTSD are among the top self-reported mental health challenges of military family participants

PARTICIPANT DEMOGRAPHICS

VETERAN 76% / ACTIVE DUTY 24%

ERA OF SERVICE

8% Pre 9/11

62% Post 9/11

30% Both Pre & Post 9/11

BRANCH OF SERVICE

Air Force 21%, Army 51%,

Coast Guard 2%,

Marines 10%, Navy 14%,

Space Force 2%

RETREAT CENTER *Partners*

YMCA Snow Mountain Ranch - CO

Historic Banning Mills - GA

Epworth by the Sea - GA

Sandy Cove - MD

The Retreat at Balcones Springs - TX

Summers Mill - TX

Warm Beach Conference Center - WA

IMMEDIATE IMPACT POST RETREAT

"WE LOVE THE IDEA OF HAVING THE WHOLE FAMILY BE THE FOCUS AND PURPOSE OF THE RETREAT. WE WERE ABLE TO SLOW DOWN AND RECONNECT IN NEW WAYS AND LOOK FORWARD TO BEING CLOSER AS A FAMILY."

- *Smaldone Family*, July 2023

Launched in Fall 2022, Project Sanctuary is now able to determine improvements in areas that play a key factor in connectedness, helping to build stronger, healthier family bonds. The analysis was initially set up with the help of Dr. Jasmine Townsend, Board Member and Associate Professor of Recreational Therapy, at Clemson University in South Carolina. The first year of results yielded the following outcomes:

NOVEMBER 2022 — JANUARY 2024 RETREAT SURVEY RESULTS

SURVEYS GIVEN IMMEDIATELY:

35.5% increase in positive perception of family communication & 20.9% decrease in problematic family functioning.

THREE MONTHS POST-RETREAT:

29.3% increase in positive perception of family communication & 15.8% decrease in problematic family functioning.

SIX MONTHS POST-RETREAT:

23% increase in positive perception of family communication & 14% decrease in problematic family functioning.

12 MONTHS POST-RETREAT:

32% increase in positive perception of family communication & 27% decrease in problematic family functioning.

The following average scores were reported for the 2023 retreat season in the wrap-up survey:

Project Sanctuary met my expectations:

4.82/5 (97%)

Project Sanctuary staff supported my experience:

4.92/5 (99%)

Leaving the retreat, I had a renewed sense of confidence/hope:

4.72/5 (93%)

My overall experience was healing:

4.75/5 (95%)

I would recommend Project Sanctuary to military families:

4.97/5 (99%)

Reconnection workshop is useful:

4.5/5 (95%)

Post Traumatic Growth workshop taught me new tools:

4.82/5 (98%)

LONG-TERM IMPACT

"AS A SINGLE FATHER WITH PTSD ISSUES, THE RETREAT MY FIFTEEN YEAR-OLD SON AND I ATTENDED WAS A TURNING POINT IN OUR RELATIONSHIP. HONESTLY, MORE FOR ME THAN FOR HIM. HE IS STILL A CRAZY TEENAGER. BUT I AM MUCH BETTER AT DEALING WITH HIM, AVOIDING/DE-FUSING TRIGGERING MOMENTS AND BETTER AT ACCEPTING WHO HE IS. THE PROGRAM, THE INSTRUCTORS THE VOLUNTEERS AND THE LOCATION (WA) WERE ALL GREAT. THANK YOU."

- *Arenas Family*, 18 months post retreat



2023 RAND CASE VOLUNTEER OF THE YEAR

Rebecca Christy

In 2020, Project Sanctuary lost a dear friend, and longest serving board member, Rand Case. In his memory, we have created the Rand Case Volunteer of the Year Award, given to those who understand our mission and the great needs of our military families, and have a passion to selflessly serve. Nominations are given by Project Sanctuary staff and board members and the 2023 award goes to Rebecca Christy.

"To be a volunteer with Project Sanctuary it takes understanding, empathy, and compassion. These are qualities that Rebecca Christy, our 2023 Volunteer of the Year, exhibits every time she volunteers. She gives selflessly to help others which speaks to her strength and quality of character. Rebecca has donated 310 hours of her time to volunteer at 4 retreats and has helped with several miscellaneous tasks," said Holly Potoeski-Daddario, Project Sanctuary volunteer coordinator. "Rebecca is a huge gift to Project Sanctuary and the families we serve. We are so grateful that she chooses to serve with us!"

Below Rebecca shares why she is such a passionate volunteer for Project Sanctuary and why she chose to get involved.

HOW DID YOU GET CONNECTED TO PROJECT SANCTUARY?

My husband found out about Project Sanctuary when he was deployed in Kuwait in 2015 and then we attended a family retreat at Snow Mountain Ranch in 2016.

WHAT IS YOUR FAVORITE OR MOST MEANINGFUL VOLUNTEER EXPERIENCE?

There's no way to pick just one favorite experience, but there was a particular child at a retreat who started the week completely closed off and almost rude. By the end of the week, he was being a leader and had blossomed into a wonderful kid. It was nothing short of amazing to watch!

WHAT IS YOUR FAVORITE PART OF VOLUNTEERING THAT KEEPS YOU COMING BACK?

Getting to watch the families start out so tentatively, and then relax and start bonding, never

ceases to blow me away. And the friendships that I've formed with the other staff and volunteers is absolutely priceless!

WHAT WOULD YOU SAY TO THOSE CONSIDERING VOLUNTEERING?

To anyone considering volunteering: DO IT!! If it ends up not being the right fit for you, you've only spent 6 days, not your whole year, and you've still provided much needed support. But, I'll bet you'll fall in love with it and start planning your calendar around it!!

ANYTHING ELSE YOU'D LIKE TO ADD!

I want to thank Heather, and the entire staff, for creating and sustaining such a wonderful program that gave so much to us as family. Because of what y'all have made, we have priceless memories, and I've gone on to make some of the best friendships during my time volunteering.

"VOLUNTEERING, AS A FAMILY, TAKES US OUT OF OUR OWN STRUGGLE AND SHOWS US THE GOODNESS THAT COMES FROM BEING IN SERVICE TO OTHERS. IT CREATES GOOD MEMORIES FOR US AS WELL. WE'VE MADE LIFELONG FRIENDS FROM OUR YEARS WITH PROJECT SANCTUARY. IT'S A TREASURE!"

- Danielle

2023 RETREAT VOLUNTEERS

Kimberly Agee
Becky Alvis
Nickie Antonitis
Alex Baumann
Kesha Bruington
Maryl Burch
Pete & Victoria Carlo
LeAnne Carrouth
Mike Ceciliani
Paul Ceciliani
Mardi & Rick Cernohorsky
Rebecca Christy
Jayme Ciampa
Rebecca Cochran
Kamri Colvin-Reece
Jaelynn Cooke
Odetta Delsol
Colleen & Sherwood Diggs
Katelyn Donohue
Mike Endres
Jodi & CW5 (Ret) David Eppler
Craig Fulfor
Bradley Gallup
Michael Hague
Sean Hall
Claudia & Stephen Hamilton
Thomas Houdek
Karen House
Kristina Jones
The Karczewski Family
The Kreimeyer Family
Berit & Bruce Landeg
Patricia Lawson

Project Linus
Marion Lockwood
Deonna Lupola
Dan & Lee Mahoney
Don & Elizabeth Marcum
Sarah Morrison
Jason Mugg
Jennifer Nash
Juan & Maria Lopez
Anne & Doug Petersen
Lisa Poppe
Scott & Susan Rainville
Jessa Riggs
Bayden Roberts
Jason & Cydney Roberts
The Rodriguez Family
Sidney Shaw
Lynn Shore
Samuel Simpson
Ann & Kurt Sorys
David Stookey
Joanna Sullivan
Rosa Torres
Betsey Trovato
Sara Turnley
Cami & David van der Wekken
Danielle & Stephen Vincent
Lindsey Walter
Caroline Ward
Gini Warren
Cally Weight
Winter Park Christian Church

With Gratitude

The work of Project Sanctuary would not be possible without our amazing volunteers and donors who give so much of themselves each day. We celebrate each and every supporter of Project Sanctuary who invested their time, talent and/or treasures into helping military families in 2023. Every gift, no matter the size, makes a difference for military families across the country.



Strike Force

MONTHLY GIVING CLUB

“Our family had one of the most memorable times that will forever be cherished in my heart as well as something we have shared together, as a family, in a very long time. We spent the time together doing many activities such as: problem-solving exercises, ways to relate and understand one another, useful tools on how to better ourselves, and most importantly the four of us bonded with each other. We also got to meet other military families going through similar circumstances. I cannot begin to tell you the last time we bonded like that. But since the retreat, we have become closer as a family. We play games every week, we sit and talk with each other about our daily problems, and we have a better understanding of each other. It has been a long time since the four of us sat down and ate together during breakfast, lunch, and dinner and we got to do that on this retreat, and have started making sure that we sit down for family dinners together. We bonded and laughed more than we had in a long time.

Thank you to Project Sanctuary for allowing us the positive experience of finding out how to communicate better, finding out how to better ourselves, and most of all finding out how to value one another. We came home in a much better place and clearer head space than we were before we came on this retreat. I will be forever grateful, and I will forever say prayers to those future families who are lucky enough to be part of this rehabilitating experience that this retreat has given us.”

—Thorman Family, July 2023

2023 MONTHLY *Recurring Donors*

as of December 2023

\$5 - \$49 PER MONTH

Tamera Benejam
Indya Benton
Cheryl Buckley
Mary Coan
Paul Currao
Jan Danziger
Jennifer Dawe
Michael & Anita Endres
Henry Evans, Sr.
Dani & David Feret
Heather Holden
Stephanie Jess
Brad & Jennifer Kelsey
Craig Liguori
Suzanne Long
Jeanne Mathews Connally
Joe & Sherrill McLaughlin
Henry Milich
Joseph Morrin, Sr.
James Murphy
Sherry Nelson
Ginger Nielsen
Trish Norten
Lee Olinger
Kris Pancoast
Gerardo “Jerry” Panetta
Zachary Pruitt
Matthew Rose
Cathy Rubin
Claudia & Anthony Ruoti
Shane Schmutz
Lance Shore
Rob Silva
Gary Sjurset
David Thompson
Dustin Thoren
Bryan Tuschen
Rick Wallace
John Weitzer
Varisa Zeleny

\$50 - \$99 PER MONTH

John Altemueller
Laura Berman
Richard Canino
Cindy & Michael Crow
John & Wendy DeBusk
Martin Easters
Heather Ehle Ray
Ameen Farwana
Matt Hembree
William Kepley
Jane Klingensmith
Benjamin & Joanna Lievestro
Peter Livshin
Christopher McLoughlin
Erika Reilley
Tony & Stephanie Smith
Trudy Spratta
Michael & Angie Stowell
Frank & Rochellé Wheeler

\$100 - \$249 PER MONTH
David & Debbie Brooks
Tim & Peg Custer
Charles Dixon
Allison & John Draper
Ben Greenlee

Tracy Heichelbech
Jacobs Family Charitable Trust
John Kafer
Timothy & Kathryn Malinski
Kristy & Raymond McCormick
Chuck & Rebecca McGee
Wes & Kelly Mlcak
The Norwood Family
Jill & John Pietrusinski
Kimberly Provo
Richard & Patricia Rhinesmith
Tamila Romeis
Howard & Mary Lou Rush
Ken & Kara Walsh
Christopher Wilson
Christopher Young

\$250+ PER MONTH

John & Therese Cermak
Vanessa Chambers
Jodi and CW5 (ret) David Eppler
Ethan Hokanson
Kurt & Corey Langenwalter
Dan & Lee Mahoney
Jeff Richardson
Bill & Alisa Spangenthal
Matt & Shelly Wineriter

If your name is not properly listed or we have made an unintentional error, please contact tracy@projectsanctuary.us to update your donor information.

2023 *Major Donors & Financials*

*Donation Amount Includes Capital Support

\$5,000 - \$9,999

Lida Citroen – LIDA360
Christy Gooding
Thomas “Ted” Lavender
Edith Pulsack
Jeff Richardson
Adam & Jamie Sayers
Altitude Energy Partners
GH Phipps Construction Companies
Grand Foundation
H-E-B Operation Appreciation
Marcia Brady Tucker Foundation
Patterson Drilling
RCS Energy Services
The Gregg Family Foundation
Ulterra Drilling Technologies LP
ZECO Equipment CO. LLC

\$10,000 - \$34,999

Mari Akers
The Monfort Family
Joseph & Dana Morrin *
Ronald & Linda Testa *
American Truck Business Services, LLC
Battle Betties NFP
Beanstalk Foundation*
CDC Foundation - Veteran Suicide Prevention Evaluation Demonstration Project
Chatham Financial Foundation
Disables American Veterans Charitable Service Trust

Disabled Veterans National Foundation
ERF Foundation
Evolution Jeep Alliance
Ferguson Family Fund
First Command Financial Services
FSA Store
Lockheed Martin Space
Maxar Better World Foundation
Payback Foundation
Prevent & Prevail
Tee It Up for the Troops
Ten Fingers Foundation
The Crypto Adoption Fund via The Giving Block
Veterans United Foundation

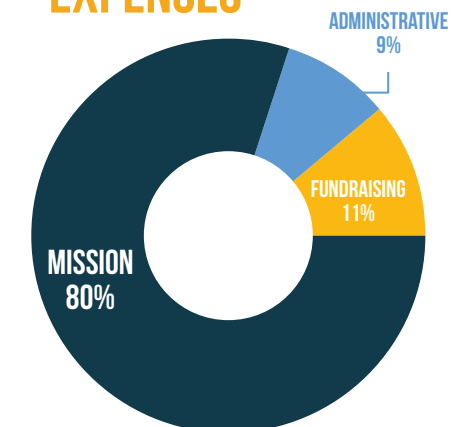
\$35,000+

99.5 The Mountain Veterans Day Radiothon
Anonymous
PB&J Family Fund*
Carla Sanda*
AIR Communities / AIMCO
Bill Ackerman Irrevocable Trust
May & Stanely Smith Charitable Trust
Naval Postgraduate School Alumni Association & Foundation
Rocky Mountain Oil & Gas Poker Classic
The Anschutz Foundation
The Kendeda Fund
Westmeath Foundation

“We attended retreat #269 on 11/11/22 in Colorado and it was the most amazing experience we have had at a retreat. Our family has been living the wounded warrior life for almost 15 years now, and it seems like after a while the information becomes redundant and no longer challenging to the relationship or family dynamic. Project Sanctuary was the difference. It gave us new information, challenged our thought process and enhanced our family dynamic and we are forever grateful to everyone for it. We gained so much more new information and coping mechanisms that we have really thrived since then. Thank you to everyone involved, it was truly life changing, for our entire family.”

—Glenn Household,
3 months post retreat

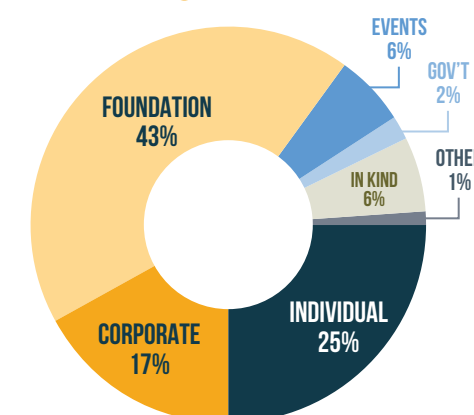
EXPENSES



Mission: \$1,549,911
Administrative: \$168,729
Fundraising: \$214,286

TOTAL: \$1,932,926

REVENUE



Individual: \$547,748
Corporate: \$349,082
Foundation: \$891,164
Events: \$124,264
Government: \$32,261
In kind: \$116,631
Other Income: \$21,002

TOTAL: \$2,082,152



A Sanctuary for Military Families

PROJECT SANCTUARY NEW RETREAT CENTER

PAGOSA SPRINGS, COLORADO

Thanks to the vision and investment of very special donors, Project Sanctuary is now the proud owner of a 42-acre retreat center in Pagosa Springs, Colorado. Fred & Linda Milanovich have a deep passion for service and when they learned about founder, Heather Ehle Ray’s dream for Project Sanctuary to one day own a retreat center, specifically to meet the needs of military families. Fred & Linda provided the initial \$1 million investment and the search for the perfect property began.

Along the journey, Project Sanctuary was fortunate to connect with the Bill Ackerman Charitable Fund. During his life, Mr. Ackerman served in the military and carried with him a passion to help vulnerable children. In learning about the vision for this new retreat center, a partnership evolved. Project Sanctuary will be able to continue to honor Mr. Ackerman through our service to military children and families at the new retreat center. An additional \$1 million gift supported the acquisition of Project Sanctuary’s new home base.

The Project Sanctuary Board of Directors, in addition to a few other friends of Project Sanctuary finalized the dream with their capital commitments.

What's Next...

March 2024 Project Sanctuary signed an agreement with Root Design (www.rootdesigncompany.com) to help put together the design of needed renovations to provide a family focused atmosphere and lodging experience to support and honor the families who have given so much serving our great country. A Phase II capital fundraising plan to support these renovations will be announced in 2024. Follow our progress online at www.projectsanctuary.us/capital-campaign.

“WE WERE VERY HESITANT WITH GOING TO THIS RETREAT IN THE BEGINNING NOT KNOWING WHAT TO EXPECT, BUT IT SURPASSED OUR EXPECTATIONS IN MORE WAYS THAN WE COULD HAVE EVER IMAGINED. WE WERE IN A ROCKY CHAPTER WHEN WE GOT THERE IN OUR MARRIAGE, BUT WHEN IT WAS TIME TO LEAVE OUR MINDSETS HAD COMPLETELY SHIFTED. THE SENSE OF FAMILY THAT WE ALL FELT ALMOST INSTANTANEOUSLY WITH THE OTHER FAMILIES WAS INCREDIBLE. WE WALKED AWAY WITH A WHOLE NEW MINDSET AND WEALTH OF KNOWLEDGE TO HELP US BOTH BEING THE VETERAN AND CAREGIVER.”

– Tucker Family, April 2023

Board of Directors

ROSTER AS OF MARCH 2024

RON TESTA
Chairman of the Board
(Navy Veteran)

JESS PEONIO
Vice Chair

JODI EPPLER
Secretary
(Army Veteran)

TODD AMEN
Treasurer

MARI AKERS

PATRICK CASH
(Air Force Veteran)

LIDA CITROËN

ODETTA DELSOL
(Marine Corp Spouse)

K.C. GROVES

TED LAVENDER

DON MARCUM
(Navy Veteran)

MAJ. GEN BILL SPANGENTHAL, USAF, RET.
(Air Force Veteran)

DR. JASMINE TOWNSEND

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Project Sanctuary Staff

LEADERSHIP TEAM

HEATHER EHLE RAY

Founder and CEO

JJ TABONE

Chief Administrative Officer

MISSY HYATT

Chief Programs Officer

CARRIE BAIR-NORWOOD

Chief Development & Marketing Officer

KAYCIE TAYLOR

Director of Family Support



**A SANCTUARY FOR MILITARY FAMILIES
DBA PROJECT SANCTUARY**

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Federal Tax ID #26-1410596



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